ETONDI BIDJOCKA REBECCA ESTHER

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## PROFESSIONAL OBJECTIVE

## Compassionate and dedicated Patient Care Attendant, seeking to bring both human and technical skills to a healthcare facility. Motivated to provide high-quality support to individuals with loss of autonomy, while contributing to their daily well-being.

## INTERNSHIP EXPERIENCE

## Patient Care Attendant Intern – Résidence Privée Christ Roi, Montreal *(May 16, 2025 – June 3, 2025)*

## Assisted residents with daily activities (personal hygiene, feeding, mobility)

## Ensured comfort, safety, and well-being while following established protocols

## Collaborated with the healthcare team to meet residents’ needs

## Observed and reported any changes in residents’ condition

## PROFESSIONAL EXPERIENCE

## Patient Care Attendant – CHSLD Saint Georges, Montreal, QC *(June 2024 – Present)*

## Provided personalized assistance to residents with loss of autonomy: help with hygiene, dressing, feeding, and mobility

## Offered reassuring and caring presence to maintain residents’ comfort, dignity, and respect

## Monitored residents’ physical and psychological health, reporting any issues to medical staff

## Maintained a clean, safe, and stimulating environment for residents

## Food Service Attendant – CHSLD Saint Georges, Montreal, QC *(Nov. 2024 – Present)*

## Portioned special desserts for residents’ menus

## Delivered food carts to floors

## Offered and served snacks

## Prepared and set up for meals

## Cleaned facilities after meals (sweeping, mopping floors, dusting, washing dishes)

## Customer Service

## Welcomed clients, answered calls, and identified their needs

## Managed complaints and resolved issues effectively

## Promoted products and contributed to sales strategies

## Housekeeping Attendant

## Disinfected bathrooms according to established protocols

## Supplied towels and toiletries

## Collected garbage in compliance with guidelines

## Cleaned residents’ wheelchairs

## Housekeeping Agent – CLEANSTER PRO, Montreal, QC *(Oct. 2024 – Present)*

## Cleaned offices, apartments, and residential spaces

## Performed move-out and short-term rental cleanings (Airbnb)

## Maintained high cleanliness and hygiene standards tailored to each environment

## Volunteer – MOISSON MONTREAL, Montreal, QC *(July 2024 – Nov. 2024)*

## Bakery and dairy products: Sorted items by category, checked expiration dates, organized products in boxes and on pallets

## Canned goods warehouse: Checked condition of cans, cleaned, labeled, and stored on pallets

## Kitchen assistant: Helped prepare meals (appetizers, main courses, desserts), served food, washed dishes, cleaned surfaces, and stored equipment

## Chinese Language Teacher – Lycée d’Elig-Essono, Yaoundé, Cameroon *(Apr. 2024 – Nov. 2024)*

## EDUCATION & TRAINING

## Professional Training Certificate | CPR and AED (Level C) – *May 2025* Heart & Stroke Foundation – Montreal, QC

## Professional Training Certificate | Patient Care for Elderly People – *May 2025* College SSOR – Montreal, QC

## Professional Training Certificate | Family Support Worker and Bill 90 – *May 2025* College SSOR – Montreal, QC

## Training Certificate | Catering and Decoration – *Dec. 2016* Restaurant La Gargote du Centre – Maroua, Cameroon

## General Certificate of Education A/L, Art Education – *June 2009* Lycée Bilingue de Yaoundé – Yaoundé, Cameroon

## General Certificate of Education O/L – *June 2007* Lycée Bilingue de Yaoundé – Yaoundé, Cameroon

## Diploma of Secondary Education Teacher, 1st Grade (DIPES 1) – *July 2013* Ministry of Higher Education – Yaoundé, Cameroon

## SKILLS & QUALITIES

## Availability

## Compliance with safety standards

## Active listening and patience

## Basic vital signs measurement

## Ability to work in a team and under pressure

## Respect for confidentiality and ethics

## Adaptability

## Attention to detail and rigor

## LANGUAGES

## French: Advanced

## English: Advanced

## Chinese: Intermediate

## Driver’s License: Class B